

# Podcast Subscribe Instructions



GET IT ON  
**Google Play**



1. Open the Google Play Music app from your Home screen.



2. Tap the menu button on the top left of the screen. It's three horizontal lines.



3. Tap Podcasts.



4. Tap the search button on the top right of your screen and type in ToxChats.



5. Select ToxChats, and press Subscribe.

Please note: If you are outside of the United States accessing iTunes or Google Play, you may be required to change settings in your account in order to search for ToxChats.



Download on the  
**App Store**



1. Launch the Podcasts app from your Home screen.



2. Tap Search in the menu at the bottom of your screen.



3. Type in ToxChats.



4. Select ToxChats, and press Subscribe.

